

*A Gathering
in the Garden Room
at Great Meeting, Leicester*

on Sunday 18th March 2007 at 11am

*A different way of being together for an hour
to celebrate the value of each other and the world*

Today's theme is 'Equanimity'

*Organised and led by the Engagement group
(a group which meets monthly to explore ways
of deepening the spiritual aspect of our lives)*



Music: Reiki
(Tanmaya Honervogt)

Welcome and introduction

Lighting the chalice candle

Song: 'Chant of the Seasons' (verse 3 - Spring)
(Words: Belletini, Music: trad Czech, Arr: Lewis-Mclaren,
Hymn 73 in 'Singing the Living Tradition')

Winter rains have turned the starwheel, Springtime is upon us,
Winter rains have turned the starwheel, Springtime is upon us,
Sharp the smell of loam,
Bursting in our eyes the turrets of the tulips,
Winter rains have turned the starwheel, Springtime is upon us,
Greening is the grass,
Soft upon our brows the sunlight warm caresses,
Winter rains have turned the starwheel, Springtime is upon us.
(sing THREE times)

Reflection/Prayer: 'Mother's Day'
(Polly Leland-Mayer, from 'Rejoice Together' - UUA)

As we come together, may we find cessation of whatever personal
turmoil accompanies us.
May we seek forgiveness for harsh words uttered, or healing words
left unsaid.
May each of us find strength to endure difficulty;
may we find acceptance of those we may not understand.
And, as this season becomes more glorious with each passing day,
may we be aware of each and every miracle around us, and be glad!

*On this day when custom reminds us to remember those who gave us
life and nurtured our early years,
let us give deep thanks for each person, female or male, family or
friend, who loved and guided us to be who we are today.
May we find ways to express that love in words
and in the ongoing integrity of our lives.
And let us be supporters of each other in this uncertain venture that
is our shared life, that our lives may be strengthened and enriched.*

Short talk on Equanimity

Music

*Guided Meditation
followed by silent reflection*

Lighting Candles for our Joys and Concerns

‘May your life be full of harmony!’

*Song: ‘Spring Equinox’
(from ‘Year Wheel Round’ - W.Songsmith
to tune of ‘Tallis’ Cannon’)*

*Spring Equinox, Half day half night,
The balance shifts towards the light,
Our hopes and dreams in dark begun,
Are planted out to find the Sun.
(sing FOUR times)*

Sharing: Thoughts, Readings, Poems

Song: 'Journeying Home' sung by Willow

Notices

Walking Meditation: Pachelbel's Cannon

Benediction

Music

